

IsaLean® Shakes

| Natural Creamy Chocolate | Natural Creamy Vanilla |

The perfect nutrition for every aspect of your life.

IsaLean Shakes are delicious, nutritionally complete meal replacements that take your health and performance to new levels.



What should I know about IsaLean Shakes?

- ▶ They contain 23 grams of high-quality undenatured whey and casein protein from New Zealand that exceeds USDA organic standards.
- ▶ Our whey protein has low lactose levels for easier digestion.
- ▶ Our shakes are low in saturated fat, sodium and cholesterol and have added enzymes that break down carbohydrates, proteins and fats to maximize the absorption of key nutrients.
- ▶ At only 240 calories, 6 grams of fat and less than \$3.50 a meal, an IsaLean Shake is the perfect, well-balanced meal, no matter your lifestyle.
- ▶ Our shakes contain only natural ingredients with no hydrogenated oils, fillers, artificial flavors, or high fructose corn syrup.

ALSO AVAILABLE

KOSHER
IsaLean Natural Creamy Vanilla

How can I benefit from drinking an IsaLean Shake?

- ▶ In a university study* where two IsaLean Shakes replaced two meals each day for 7 days, participants lost an average of four pounds.
- ▶ IsaLean Shakes are packed with premium nutrition that includes a balanced ratio of high-quality protein, healthy fats and energy-boosting carbohydrates.
- ▶ At less than \$3.50 per meal, IsaLean Shake is an inexpensive "fast food" that provides sensible nutrition.

* Study conducted by: Mary Balliett, Jeanmarie R Burke, Oscar Rasmussen, and Susie Rockway, Nine-day weight loss program with high protein shakes supplemented with herbal beverage in dry mix powder or liquid form on fasting days leads to healthy weight loss.



ISAGENIX®

How do IsaLean® Shakes compare to the competition?



IsaLean®
Shakes

VS

CytoSport™
Muscle Milk®

Serving size: 61g
Calories: 240
Total Fat: 6g
Protein: 24g
Saturated Fat: 1g

Serving size: 70g
Calories: 300
Total Fat: 12g
Protein: 32g
Saturated Fat: 6g

Our Isagenix Quality Assurance Department thoroughly inspects all ingredients to test their potency, amino acid profile, presence of microbial, pesticide and heavy metals before they're used for manufacturing.

When compared with other similar shakes, IsaLean Shakes contain less calories, less fat, and less saturated fat, making them well-balanced, healthy meals. IsaLean Shakes are all-natural meal replacements that contain only the highest quality ingredients including hormone and antibiotic-free whey protein.*



IsaLean Shakes Frequently Asked Questions

WHAT MAKES ISALEAN SHAKES UNIQUE?

IsaLean Shakes contain exclusively sourced IsaPro® Complex, the highest quality whey protein concentrate and casein protein from the world's largest dairy group in New Zealand, whose standards exceed the USDA organic standards. The cows are pasture-fed and not treated with hormones or antibiotics. The protein in our shakes is extracted from the milk using technology that results in IsaLean Shakes containing lower lactose levels and a superior amino acid profile. IsaLean Shakes also contain Ionic Alfalfa™—our proprietary blend of super-charged rare Earth minerals to keep the body running at peak performance.

WHY ARE ISALEAN SHAKES SO IMPORTANT FOR THE BODY?

IsaLean Shakes provide balanced nutrients to maximize nutrition while minimizing caloric intake for safe weight loss and effective weight management. Our exclusive shakes also have added enzymes to break down the carbohydrates, proteins and fats for maximum absorption of key nutrients.

HOW DO ISALEAN SHAKES SUPPORT NUTRITIONAL CLEANSING?

Protein is an important nutrient needed by everyone on a daily basis. It is made up of essential and non-essential amino acids, which are the "building blocks" for healthy bodies. Our high quality whey protein concentrate contains a superior amino acid profile for optimum health and wellness.

WHAT CAN I ADD TO MY ISALEAN SHAKES?

Our delicious shakes are perfect enjoyed just as they are. However, they are also extremely versatile and can be mixed with other great Isagenix® products. For extra nutrition, add a scoop of IsaFruits®, Isagenix Greens!™, Want More Energy?®, IsaPro, Isagenix FiberPro™, or a half of an Oatmeal Berry SlimCake. You can also add fresh fruit to your shake. See your Independent Associate for recipes.

For more information, please contact your Isagenix Independent Associate:

